

## Traditional & Modern Astrology

### Medical Astrology

There is an ancient theory of wellness and illness that speaks directly to lifestyle questions. This medical model can still be used today to understand temperament, not only from a psychological standpoint, but also from the perspective of body type, susceptibility to certain types of conditions.

**The Classical Medical model was given by Hippocrates** a century before astrology had been incorporated into Greek thought. This model incorporated four basic qualities: Hot, Cold, Wet, and Dry. These four qualities varied by season, gender, age, and person. The ideal of Hippocrates was to lead a balanced life. If the body is balanced, then disease is less likely to take hold. The method of creating balance was diet and regimen.

This actually gives nine temperament types:

- Hot and Wet = sanguine
- Hot and Dry = choleric
- Cold and Dry = melancholic
- Cold and Wet = phlegmatic
- Hot = sanguine-choleric
- Cold = melancholic-phlegmatic
- Wet = sanguine-phlegmatic
- Dry = choleric-melancholic
- All = balanced

### **Hippocratic medicine combines allopathy and homeopathy.**

The allopathic approach would mean that if you have become out of balance because your body is experiencing too much heat (that Mars transit to your Sun?), then you need to take a Cold herb, Cold food, Cold exercise, or literally experience Cold temperatures in order to cool yourself down.

Homeopathy would give you a small amount of a slightly hot to kick your system back to balance.

These means of adjusting the qualities experienced by the body fell under the rubric "regimen," which included such components as the following:

- (1) The season of the year;
- (2) The age of the person;
- (3) The gender;
- (4) The constitution.

### **Nicholas Culpeper addressed disease in a somewhat different manner.**

Speaking of Saturn, he said:

"The great wisdom of a physician is to know whether Saturn cause the disease by... Sympathy or Antipathy, and then take notice, that as the cause is, so is the cure.

Sympathetical, or Antipathetical: and withal do not forget, that Sympathetical cures strengthen nature; Antipathetical cures, in one degree of another weaken it.

Antipathetical Medicines are not be used, unless to such Patients whom Doctor Ignorance or Doctor Carelessness hath had so long in hand, that Sympathetical will not serve the turn.

If Saturn cause the disease by Sympathy, cure it by the Sympathetical herbs of Saturn. If he cause the disease by Antipathy, note whether it be by Antipathy to Sun or Moon. Make use of the Sympathetical herbs of these Planets ... for cure." (Page 46)

## Traditional & Modern Astrology

What we begin to perceive is that the concepts allopathic and homeopathic may not be inclusive enough: Culpeper is clearly talking about the broader terms Antipathetic and Sympathetic. When Culpeper refers to Antipathy, he is mainly referring to the dispositor of the signs in which the planet is in Detriment. For instance: Saturn is in Detriment in Cancer and Leo; thus, the antipathetic causes are the Moon or the Sun.

to understand how this whole system works within an astrological framework, then we need to reintegrate the Humours Theory within conventional astrological delineations.

The reason that we mention this is because so much of the analysis of what is out of balance requires basic understanding of the Native's Chart qualities.

### **Considerations:**

When examining the Decumbiture (Medical Chart), we may see the Hot and Wet qualities predominate in the disease description. If you are naturally Cold and Dry, then the nature of the disease is completely antagonistic to your natural balance, and may wreck more havoc than the reverse.

For example:

Hot people tend to experience more fevers (and higher ones) than Cold people. On the other hand, there are limits. A fever above a certain degree will kill, just as reduced metabolism below a certain degree (the cold equivalent) will kill.

### **Different humors also react differently to disease in general regardless of the nature of the disease.**

Thus we see that when the Natal Complexion is Choleric, the disease is shorter. (Cu-061)

When the Natal Complexion is Melancholic, the disease is longer. (Cu-061)

On top of that, there are other additional analysis to support the interpretation of the Decumbiture Chart, such as: **Faculties.**

The Faculties have to do with the body's reaction mechanisms to an excess of particular qualities.

### **Note:**

It is very important to know oneself (what you are made of) before following general programs.

It is vital you understand the constitution of your psyche and body (Natal Chart).

Not everyone is designed to do a cleansing using the same approach.

For example:

To lose weight, it would make sense to move to a hotter, dryer state. Obviously, exercising more raises the heat in the body. But dryness? Many diet programs encourage drinking a lot of water: this should increase the wetness of the body. Why? If the extra water is being used to flush metabolites from the body, this can work. But if the Native (the subject) is naturally Wet to begin with, then fluid retention could consume the greater amount of extra water, thereby increasing instead of decreasing weight.

### **Classical and Modern Astrology**

What is classical astrology?

Historically, classical astrology encompasses the many styles of delineation practiced prior to 1700.

Vedic Astrology, mainly practiced in India, is a sister craft, and one that shared some methods with Classical Astrology.

Classical Astrology, unlike Modern Astrology, does not approach an astrological chart from a psychological point of view. The style is more predictive and pragmatic. There is less emphasis on motivation and evolution; more emphasis on *how*, *when* and *what* rather than on *why*. To the person schooled in Modern Astrology, Classical Astrology can seem harsh and dictatorial.

## Traditional & Modern Astrology

One clear example of the difference: consider the planet Saturn and its track across the heavens and its movement through time. This movement is called a **transit**. Transits of Saturn generally meant times of hardship. Are these times a "pain in the butt" or an "opportunity?" Maybe calling these crisis times an "opportunity" or a "learning experience" reminds us that we *do* have choices, and this is an important thing. But when you are getting kicked in the teeth, so to speak, you are probably more interested in when you can get back on your feet than on what the long term lesson is.

Because of the radically different viewpoint between classical and modern interpretation, it could be argued that *both* styles of astrology can give valuable insights.

Classical Astrology excels at prediction through time, whereas modern astrology focuses on tendencies.

### **My work is based on the methods of Classical and Modern Astrology**

#### Astrology Specialties

- Psychological Astrology;
- Horary & Medical Astrology;
- Fixed Stars and more.

#### Holistic & Quantum Treatments

I am a licensed Hypnotherapist, Science Master Theta Healer, and NLP Practitioner, besides that I have several other professional trainings (Diplomas & Certificates).

When assisting someone's journey, in addition to my proficiency, I am Source-guided, I was born with highly intuitive abilities - I invite to go through my entire website so you might have an understanding of my skills.

*N.B.: The excerpt above has been adapted from the work of Dr. Lee Lehman. I have developed my skills through a diploma course on Traditional Medical Astrology taught by Dr. Lee Lehman.*

**Sincerely,**  
Kealoha Cristiano